

# Summer & Autumn Menu

**FOOD WITH THOUGHT**  
More than just a meal

May be subject to local variations

## WEEK ONE Week commencing: Mon 17th May, 14th June, 5th July, 6th Sept, 27th Sept, 18th Oct

**Monday**  
(A) Pork Patties with onion gravy

(B) Sweet and Sour Quorn (V)

Potato Wedges or Noodles

Fruit Muffin



**Tuesday**  
(A) Roast Chicken Breast with stuffing & Yorkshire Pudding

(B) Cauliflower Cheese  
Roast Potatoes

Cherry Krispie Cake



**Wednesday**  
(A) Beef and Tomato Puff Pie  
Creamed Potatoes

(B) Jacket Potato with cheese and coleslaw

Apple Crumble & Custard



**Thursday**  
(A) Moussaka

(B) Cowboy Hotpot  
(Vegetarian Sausages & Baked bean casserole)

Creamed Potatoes

Iced bun



**Friday**  
(A) Fish fillet

(B) Cheese and Tomato Pizza (V)

Chunky Chips or Pasta

Fruit Ice Cream



## WEEK TWO Week commencing: Mon 24th May, 21st June, 12th July, 13th Sept, 4th Oct

**Monday**  
(A) Spaghetti Bolognaise

(B) Cheese Pin Wheels

Parsley potatoes

Flapjack



**Tuesday**  
(A) Roast Turkey Yorkshire Pudding

(B) Vegetarian Toad in the Hole

Roast Potatoes or New Potatoes

Strawberry Dessert



**Wednesday**  
(A) Chicken pie

(B) Macaroni Cheese  
Creamed Potatoes or Pasta Spirals

Gingerbread Man



**Thursday**  
(A) Jacket Potato with Cheese & Baked Beans

(B) Cheese and Tomato Pizza

Jacket Potato

Chocolate and Orange Brownie



**Friday**  
(A) Breaded Fish

(B) Pork Sausages

Chunky Chips or Pasta

Chelsea Bun



## WEEK THREE Week commencing: Mon 7th June, 28th June, 19th July, 30th August, 20th Sept, 11th Oct

**Monday**  
(A) Breaded Salmon Fillet

(B) Macaroni Cheese

New Potatoes

Chocolate sponge & Chocolate Sauce



**Tuesday**  
(A) Roast pork with Yorkshire Pudding

(B) Vegetable & Cheese Country Bakes

Roast Potatoes or New Potatoes

Cornflake Cookies



**Wednesday**  
(A) Cottage pie

(B) Jacket Potato with Cheese & Baked Beans

Jelly with Yogurt



**Thursday**  
(A) Chicken Curry with Rice

(B) Pasta Bake with Garlic Bread

Viennese Biscuit with Apple Wedge



**Friday**  
(A) Breaded Fish

(B) Cheese & Tomato Pizza

Chunky Chips or Pasta

Ice Cream Tub with Orange Wedge



Seasonal vegetables & salads are served as accompaniments to the meal each day. Bread - fresh bread is available to accompany all meals.

The Salad Bar - a selection of 4 - 6 salads are available daily to accompany main meals. Varieties include cucumber, tomato segments, grated carrot, beetroot, shredded iceberg lettuce, coleslaw, mixed pepper salad, pasta salad, sweetcorn, apple and celery and green salad.

Dessert - as an alternative to the Dessert of the Day we offer a choice of yoghurt, fresh fruit or dried fruit pots. Fresh water available.

**COOK**  
for success

**5 A DAY**  
Just Eat More  
(fruit & veg)

We're supporting  
**MILLION MEALS**

**Healthy Schools**

TRADITIONAL